

Table 1 Prevalence of coronary heart disease risk factors in males and females, Qazvin, Islamic Republic of Iran

Risk factor ^a	Females (n = 421)		Males (n = 425)		Total		Age- adjusted prevalence %
	No.	%	No.	%	No	%	
Triglycerides \geq 150 mg/dL	219	52.4	255	61.3	474	56.8	53.5
Total cholesterol \geq 200 mg/dL	143	34.2	141	34.0	284	34.1	30.9
HDL-cholesterol < 40 mg/dL	198	47.4	256	62.0	454	54.6	54.0
LDL-cholesterol > 160 mg/dL	54	13.6	34	8.9	88	11.3	21.1
LDL-cholesterol > 130 mg/dL	110	27.8	96	25.2	206	26.5	24.1
Diabetes	59	14.6	66	16.4	125	15.5	12.8
Impaired glucose tolerance	46	11.4	28	6.9	74	9.2	7.8
Hypertension	65	15.4	32	8.7	102	12.1	9.6
Obesity	158	37	59	13.	217	25.7	23.2
Overweight	169	40.1		42.1		41.1	41.1
Waist–hip ratio > 0.9	205	48.7	248	54.8	453	53.5	47.0
Smoking	8	1.9	128	30.5	136	16.2	16.1

^aSee the Methods for definitions of risk factors.

HDL = high-density lipoprotein; LDL = low-density lipoprotein;

n = total number of participants (data were missing for some variables).