Table 4 **Stepwise multivariate logistic regression analysis of variables independently related to total glucose intolerance (diabetes, IFG and IGT combined) among the study sample (*n* = 250)**

Variable	Odds ratio	95% CI	*P*–value
Age ≥ 55 years	3.34	1.78–6.25	<0.0001
Abdominal adiposity: waist circumference ≥ 102 cm for men); ≥ 88 cm for women	2.35	1.21–4.58	0.012

IFG = impared fasting glucose; IGT = impaired glucose tolerance; CI = confidence interval.