

Table 5 Source of help for mental problems reported by people in the 3 groups in the whole sample

Source of help	General population (<i>n</i> = 100)		Parents of children with mental illness (<i>n</i> = 80)		Teachers (<i>n</i> = 100)		<i>P</i> -value (χ^2 test)
	No.	%	No.	%	No.	%	
General practitioner	10	10.0	15	18.8	9	9.0	0.09
Psychiatrist	12	12.0	28	35.0	2	2.0	0.001
Psychologist	4	4.0	6	7.5	0	0.0	0.02
Counselling centre	4	4.0	12	15.0	3	3.0	0.02
Friend	21	21.0	4	5.0	7	7.0	0.001
Relative	8	8.0	4	5.0	6	6.0	0.74
Fortune-teller (<i>falgir</i>)	1	1.0	3	3.8	2	2.0	0.44
Referred to at least 1 source ^a	45	45.0	49	61.3	26	26.0	0.001

^aRespondents could get help from more than one provider.

n = total number of respondents.