

Table 1 Prevalence of mental disorders in Egypt (n = 14 640)

Type of disorder	Frequency	Rate (%)	95% CI
<i>Mood</i>	942	6.43	6.04–6.84
Major depressive disorder	395	2.70	2.45–2.98
Dysthymia	151	1.03	0.88–1.21
Hypomanic episode	27	0.18	0.12–0.27
Premenstrual dysphoric disorder	369	2.52	2.77–2.79
<i>Anxiety</i>	694	4.75	4.40–5.10
Panic	100	0.68	0.56–0.83
Agoraphobia	73	0.50	0.39–0.63
Social phobia	33	0.23	0.16–0.33
Specific phobia	197	1.35	1.17–1.55
Obsessive–compulsive	99	0.68	0.56–0.83
Post traumatic stress	16	0.11	0.07–0.18
Generalized anxiety	133	0.91	0.77–1.08
Mixed anxiety depressive	43	0.29	0.21–0.40
<i>Somatoform</i>	97	0.67	0.54–0.81
Somatization	20	0.14	0.09–0.22
Hypochondriasis	45	0.31	0.23–0.42
Body dysmorphic	21	0.14	0.09–0.22
Pain	11	0.08	0.04–0.15
<i>Psychotic</i>	28	0.19	0.13–0.28
<i>Alcohol dependence/abuse</i>	5	0.03	0.01–0.08
<i>Drug dependence/abuse</i>	19	0.13	0.08–0.21
<i>Adjustment</i>	4	0.03	0.01–0.08
<i>Multiple</i>	691	4.72	4.38–5.08

CI = confidence interval.