

Table 2 Characteristics of the study participants (n = 21 111): CASPIAN Study

Variable	% of students
School level	
Elementary school	36.1
Middle school	30.8
High school	33.1
Living area	
Urban	84.6
Rural	15.4
School type	
Public	90.0
Private	10.0
Type of house	
Private	75.8
Rental/with other relatives	24.2
Birth weight (g)	
< 2500	14.7
2500–4000	75.2
> 4000	10.1
Weight disorders	
Underweight ^a	13.9
At risk for overweight ^b	8.8
Overweight ^c	4.5
Positive family history ^d	
Hypertension	49.3
Diabetes	26.7
Obesity	48.5
Symptomatic osteoporosis	11.8
Malignancy	12.1
Premature cardiovascular disease ^e	28.1

^aBMI < 5th percentile; ^bBMI = 85th–94th percentile; ^cBMI ≥ 95th percentile; ^dParents, grandparents, uncles, aunts; ^eMyocardial infarction, stroke and sudden death before