

Table 6 Knowledge regarding menstrual cycle and regulation of natural fertility

Question	Males (n = 505)		Females (n = 905)		P-value	Total (n = 1410)	
	No.	%	No.	%		No.	%
Ogino-Knauss method							
Declares knowing about it	333	65.9	732	80.9	< 0.0001	1065	75.5
Menstrual cycle is from:							
1st day of menses to 1st day of next menses	117	35.1	407	55.6	< 0.0001	524	49.2
Last day of menses to 1st day of next menses	66	19.8	153	20.9		219	20.6
1st day of menses to last day of next menses	40	12.0	39	5.3		79	7.4
Do not know	91	27.3	101	13.8		192	18.0
Ovulation occurs::							
14 days after menses	113	33.9	322	44.0	0.003	435	40.8
14 days before menses	76	22.8	228	31.1	0.007	304	28.5
In general, at the mid cycle	89	26.7	176	24.0	0.31	265	24.9
It varies with women	27	8.1	48	6.6	0.34	75	7.0
During menstruation	14	4.3	15	2.0	0.04	29	2.7
Do not know	64	19.2	62	8.5	< 0.0001	126	11.8
Abstinence should be practised:							
On the day of ovulation	56	16.8	144	19.7	0.24	200	18.8
One week before menses	37	11.1	61	8.3	0.16	98	9.2
One week after menses	46	13.8	51	7.0	< 0.0001	97	9.1
1 week around ovulation	71	21.3	313	42.8	< 0.0001	384	36.1
Do not know	127	38.1	207	28.3	0.002	334	31.4
Billings method							
Declares knowing about it	251	49.7	611	67.5	< 0.0001	862	61.1
Cervical secretions are:							
Abundant during ovulation	66	26.3	314	51.4	< 0.0001	380	44.1
Abundant away from ovulation	30	12.0	67	11.0	0.67	97	11.3
Transparent during ovulation	56	22.3	163	26.7	0.19	219	25.4
Transparent away from ovulation	34	13.5	87	14.2	0.80	121	14.0
Elastic during ovulation	40	15.9	207	33.9	< 0.0001	247	28.7
Elastic away from ovulation	14	5.6	50	8.2	0.19	64	7.4
Do not know	96	38.2	149	24.4	< 0.0001	245	28.4

Table 6 Knowledge regarding menstrual cycle and regulation of natural fertility (concluded)

Question	Males (n = 505)		Females (n = 905)		P-value	Total (n = 1410)	
	No.	%	No.	%		No.	%
Temperature method							
Declares knowing about it	285	56.4	656	72.5	< 0.0001	941	66.7
Temperature taken:							
Before getting up in morning	139	48.8	448	68.3	< 0.0001	587	62.4
Any time of the day	55	19.3	65	9.9	< 0.0001	120	12.8
Always by same route	72	25.3	239	36.4	0.001	311	33.0
With same thermometer	74	26.0	222	33.8	0.02	296	31.5
Is higher after ovulation	106	37.2	309	47.1	0.006	415	44.1
Is lower after ovulation	30	10.5	101	15.4	0.05	131	13.9
Coitus interruptus							
Declares knowing about it	354	70.1	612	67.6	0.25	966	68.5
Ejaculation away from vulva	246	69.5	409	66.8	0.35	655	67.8

Details about contraceptive type were filled in only by those who declared knowing about the contraceptive in question; percentages were calculated accordingly.