Table 1 Demographic characteristics of the research participants

Variable	No.	%
Sex		
Male	18	50.0
Female	18	50.0
Income		
Good	0	0
Average	12	33.3
Poor	24	66.7
Age (years)		
20–39	12	33.3
40–59	15	41.7
≥ 60	9	25.0
Education		
Illiterate	12	33.3
Primary	14	38.9
High school	7	19.5
University	3	8.3
Job		
Housewife	16	44.4
Employee	7	19.4
Self-employed	7	19.4