

Table 1 General characteristics of colon cancer cases and controls by sex

Variable	Controls										Cases		OR
	Males (n = 25)		Females (n = 25)		Both sexes (n = 50)		Males (n = 25)		Females (n = 25)		Both sexes (n = 50)		
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	
Age (years)													
30–40	6	24	10	40	16	32	6	24	9	36	15	30	
41–50	5	20	7	28	12	24	5	20	7	28	12	24	
51–60	8	32	7	28	15	30	7	28	4	16	11	22	
61–70	3	12	1	4	4	8	4	16	5	20	9	18	
> 70	3	12	0	0	3	6	3	12	0	0	3	6	
Region													
Riyadh	12	48	13	52	25	50	11	44	13	52	24	48	
Eastern	4	16	5	20	9	18	5	20	5	20	10	20	
Western	2	8	2	8	4	8	2	8	2	8	4	8	
Northern	2	8	4	16	6	12	2	8	4	16	6	12	
Southern	5	20	1	4	6	12	5	20	1	4	6	12	
Marital status													
Married	20	80	21	84	41	82	23	92	20	80	43	86	
Single	5	20	4	16	9	18	2	8	5	20	7	14	
Education													8.3 ^a
Illiterate	3	12	3	12	6	12	10	40	12	48	22	44	
Primary	2	8	3	12	5	10	8	32	5	20	13	26	
Secondary	6	24	7	28	13	26	2	8	1	4	3	6	
Higher	14	56	12	48	26	52	5	20	7	28	12	24	
Employment status													3.7
Employed	23	92	15	60	38	76	18	72	5	20	23	46	
Unemployed	2	8	10	40	12	24	7	28	20	80	27	54	
Activity level													
Bedridden	0	0	0	0	0	0	0	0	1	4	1	2	
Mild	7	28	5	20	12	24	3	12	2	8	5	10	
Moderate	11	44	17	68	28	56	22	88	22	88	44	88	
High	7	28	3	12	10	20	0	0	0	0	0	0	
Exercise													8.3
Yes	9	36	15	60	24	48	3	12	2	8	5	10	
No	16	64	10	40	26	52	22	88	23	92	45	90	
Type of exercise													8.5 ^b
Light	6	67	7	46	13	54	3	100	2	100	5	100	
Moderate	1	11	7	46	8	33	0	0	0	0	0	0	

Table 1 General characteristics of colon cancer cases and controls by sex (concluded)

Variable	Controls						Cases						OR
	Males (n = 25)		Females (n = 25)		Both sexes (n = 50)		Males (n = 25)		Females (n = 25)		Both sexes (n = 50)		
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	
Knowledge of higher fibre foods (no. of items named)													17.0 ^c
0	1	4	2	8	3	6	15	60	11	44	26	52	
1	6	24	13	52	19	38	0	0	3	12	3	6	
2	6	24	7	28	13	26	4	16	6	24	10	20	
3	12	48	3	12	15	30	6	24	5	20	11	22	

^aIlliterate/primary versus secondary/higher; ^bLight versus moderate/heavy; ^c0 versus ≥ 1 items.