

Table 1 Demographic, behavioural and clinical features of diabetic patients with and without depression scores on the Beck Depression Inventory (BDI)

Variable	No depression ^a (n = 167)	Depression ^b (n = 128)	P-value ^c
Sex (male/female) (no.)	56/111	34/94	0.19
Age [mean (SD) years]	50.4 (13)	54.6 (12)	0.04
High educational level (%)	30.6	18.7	0.03
Married (%)	92.9	97.4	0.04
Low income level (%)	52.4	64.1	0.03
Overweight (%)	79.9	76.5	0.09
Current smoker (%)	9.0	11.8	0.48
Duration of diabetes [mean (SD) years]	7.8 (5.1)	9.2 (6.8)	0.03
Complications of diabetes (1+) (%)	46.2	55.6	0.04
Treatment intensity (insulin therapy) (%)	19.4	14.6	0.34

^aBDI score < 15; ^bBDI score ≥ 15; ^cχ² test or t-test.

SD = standard deviation.