

Table 2 Awareness about folic acid of the pregnant women (n = 277)

Variable	No.	%
<i>Awareness of folic acid</i>		
Heard of folic acid	219	79.1
Never heard of folic acid	58	20.9
<i>Folic acid importance in pregnancy</i>		
Knew its importance	146	66.7
Did not know	73	33.3
Accurate/partially accurate knowledge	68	46.6
Vague/incorrect knowledge	78	53.4
<i>Foods containing folic acid (n = 146)</i>		
Knew foods containing folic acid	53	36.3
Did not know	93	63.7
Correct answer	15	28.3
Vague/incorrect answer	38	71.7
<i>Proper time of folate supplementation in pregnancy (n = 146)</i>		
Before last period	43	29.5
During 1st month of pregnancy	51	34.9
During 2nd month of pregnancy	22	15.1
During 3rd month of pregnancy	16	10.9
Don't know	14	9.6
<i>Source of knowledge (n = 219)</i>		
Doctor	133	60.7
Nutritionist	4	1.8
Nurse	9	4.1
Books and magazines	12	5.5
Previous experience	23	10.5
Mass media	9	4.1
Friends and relatives	16	7.3
Other	13	6.0