

Table 6 Distribution of patients with controlled and uncontrolled glycaemia by health risk factors

Variable	Total	Controlled glycaemia		Uncontrolled glycaemia		P-value
	No.	No.	%	No.	%	
Personal history of CVD						
Yes	2 522	860	34.1	1 662	65.9	0.725
No	28 214	9 524	33.8	860	66.2	
Blood pressure						
Hypertensive	12 468	4 455	35.7	8 013	64.3	< 0.001
Pre-hypertensive	527	158	30.0	369	70.0	
Non-hypertensive	17 738	5 768	32.5	11 970	67.5	
Tobacco smoking						
Current smoker	3 997	1 372	34.3	2 625	65.7	0.44
Nonsmoker	26 622	8 972	33.7	17 650	66.3	
BMI						
Underweight	120	41	34.2	79	65.8	0.002
Normal weight	3 660	1 146	31.3	2 514	68.7	
Overweight	10 198	3 403	33.4	6 795	66.6	
Obese	16 604	5 740	34.6	10 864	65.4	
Physical activity						
Sedentary	9 360	3 220	34.4	6 140	65.5	0.001
Mild	16 347	5 379	32.9	10 968	67.1	
Moderate	4 370	1 525	34.9	2 845	65.1	
Strenuous	438	173	39.5	265	60.5	

CVD = cardiovascular disease; BMI = body mass index.