

Table 2 Comparison of mean scores on the 15-item geriatric depression scale (GDS-15) for the whole group of older adults before and after reminiscence therapy (n = 49)

Variable	Before intervention	Immediately after intervention	1 month after intervention
Mean (SD) GDS-15 score	8.18 (1.20)	6.73 (1.20)	7.55 (1.19)
z-value ^a	-	-5.626	-4.216
P-value	-	< 0.001	< 0.001

^a*Wilcoxon signed ranks test.*

SD = standard deviation.