

**Table 2 Clinical and laboratory characteristics of diabetic patients at the first clinic visit (n = 1000)**

Variable	No. of patients	%	Mean value (SD)
<b>Duration of diabetes (years)</b>			9.4 (7.2)
< 5	303	30.3	
5-9	279	27.9	
10-19	284	28.4	
≥ 20	134	13.4	
<b>HbA1c level (%)</b>			8.10 (1.80)
< 7	241	24.1	
7-7.9	301	30.1	
8-9.9	296	29.6	
≥ 10	161	16.1	
<b>Total cholesterol (mg/dL)</b>			173.7 (38.2)
< 200	672	77.2	
≥ 200	198	22.8	
<b>Triglycerides (mg/dL)</b>			158.3 (84.5)
< 150	492	56.4	
≥ 150	381	43.6	
<b>HDL cholesterol (mg/dL)</b>			44.3 (11.1)
≥ 45	360	42.6	
< 45	486	57.4	
<b>LDL cholesterol (mg/dL)</b>			113.1 (32.1)
< 100	321	37.2	
≥ 100	542	62.8	
<b>Urine albumin present</b>	314	32.0	
<b>Retinopathy present</b>	326	33.4	
<b>Dyslipidaemia present</b>	671	68.0	
<b>Hypertension present*</b>	717	71.7	
<b>BMI (kg/m<sup>2</sup>)</b>			31.6 (5.4)
< 25	86	8.7	
25-29.9	335	33.7	
30-34	329	33.1	
≥ 35	244	24.5	
<b>Type of treatment</b>			
Oral hypoglycaemics	524	52.9	
Insulin & oral hypoglycaemics	368	37.8	
Insulin	77	7.8	
Diet alone	21	2.1	

\*Systolic BP > 130 mmHg, diastolic BP > 80 mmHg.

SD = standard deviation; HbA1c = glycosylated haemoglobin; HDL = high-density lipoprotein, LDL = low-density lipoprotein; BMI = body mass index.