Table 3 Mean values of selected sociodemographic and clinical variables of male and female diabetic patients at the first clinic visit (*n* = 1000)

Variable	Males		Females		P-value
	No. of patients	Mean value (SD)	No. of patients	Mean value (SD)	
Age (years)	494	58.8 (9.9)	506	57.3 (9.3)	0.01
Education (years)	405	13.7 (4.6)	402	8.7 (5.4)	< 0.001
Duration of diabetes (years)	493	9.9 (7.4)	505	8.8 (7.0)	0.02
HbA1c (%)	491	8.07 (1.77)	505	8.30 (1.83)	0.04
LDL cholesterol level (mg/dL)	434	107.6 (30.6)	441	118.1 (33.2)	< 0.001
HDL cholesterol level (mg/dL)	432	41.2 (10.0)	440	48.4 (19.1)	< 0.001
Systolic BP (mmHg)	490	129.6 (21.1)	506	131.1 (60.7)	0.62
Diastolic BP (mmHg)	490	78.0 (11.1)	505	78.0 (10.7)	0.94
BMI (kg/m²)	493	31.5 (5.3)	502	31.7 (5.4)	0.46

SD = standard deviation; HbA1c = glycosylated haemoglobin; LDL = low-density lipoprotein; HDL = high-density lipoprotein; BP = blood pressure; BMI = body mass index.