

**Table 5 Glycosylated haemoglobin (HbA1c) levels of diabetic patients at the first clinic visit and 12-month follow-up (*n* = 886)**

HbA1c (%)	Baseline		12-month follow-up		<i>P</i> -value
	No. of patients	%	No. of patients	%	
< 7	225	25.4	244	27.5	< 0.001
7-7.9	266	30.0	302	34.1	
8-9.9	260	29.3	287	32.4	
≥ 10	135	15.2	53	6.0	