

**Table 1 Characteristics of patients with type 2 diabetes mellitus (DM) by mode of therapy**

Variable	Insulin (n = 55)		Oral hypoglycaemic agents (n = 227)		Diet alone (n = 29)		P-value
	Mean	SD	Mean	SD	Mean	SD	
Age (years)	55.8	9.3	53.3	11.2	55.6	11.0	0.22
Duration of DM (years) <sup>a</sup>	11.9	7.3	5.1	5.5	4.9	7.1	< 0.001 <sup>a</sup>
	No.	%	No.	%	No.	%	
Peripheral vascular disease	7	12.0	18	7.9	3	10.3	0.51 <sup>b</sup>
Coronary heart disease	16	29.0	37	16.3	2	6.9	0.006 <sup>b</sup>
Cerebrovascular disease	1	1.8	17	7.5	0	0.0	0.037 <sup>b</sup>

<sup>a</sup>ANOVA test; <sup>b</sup>Chi-squared test.

SD = standard deviation.