

Table 1 Distribution of background characteristics of elderly respondents by sex

Characteristic	Males (n = 982)		Females (n = 1045)		Total %	P-value
	No.	%	No.	%		
Residence						
Urban	877	89.3	935	89.5	89.4	> 0.05
Rural	105	10.7	110	10.5	10.6	
Age groups (years)						
60–69	528	53.8	624	59.7	56.8	0.005
70–79	307	31.3	253	24.2	27.6	
80–89	104	10.6	119	11.4	11.0	
≥ 90	43	4.4	49	4.7	4.5	
Education						
Illiterate	662	67.6	996	95.3	81.9	< 0.001
Semi primary	253	25.8	41	3.9	14.5	
Primary & above	65	6.6	8	0.8	3.6	
Marital status						
Never married	14	1.4	13	1.2	1.3	< 0.001
Married	896	91.3	471	45.1	67.5	
Widowed	52	5.3	509	48.7	27.7	
Divorced	19	1.9	52	5.0	3.5	
Work status						
Working	164	16.7	11	1.1	8.6	n/a
Not working	818	83.3	0	0.0	40.4	
Housewife	0	0.0	1034	98.9	51.0	
Personal income (OR/month)						
0	204	20.8	752	72.0	47.2	< 0.001
< 100	205	20.9	221	21.1	21.0	
100–199	468	47.7	60	5.7	26.0	
200–299	63	6.4	4	0.4	3.3	
300–399	15	1.5	3	0.3	0.9	
400+	27	2.7	5	0.5	1.6	
Living with same family for last 5 years						
Yes	955	97.3	980	93.8	95.5	< 0.001
No	27	2.7	65	6.2	4.5	
BMI*						
Underweight	55	7.8	53	7.4	7.6	0.020
Normal	358	50.7	325	45.1	47.9	
Overweight	219	31.0	230	31.9	31.5	
Obese	74	10.5	113	15.7	13.1	
Physical activity (min/day)						
0	435	44.3	567	54.3	49.4	< 0.001
< 30	335	34.1	329	31.5	32.8	
≥ 30	212	21.6	149	14.3	17.8	

*Some data missing.

BMI = body mass index.

OR = Omani rials.

n/a = not applicable.