

**Table 1 Studies providing information for this review about the prevalence of obesity among children and adolescents in Middle East countries**

Country	No. of articles retrieved	Assessments in > 1 province	Studies with > 5000 cases
Bahrain	4	+	0
Islamic Republic of Iran	11	+	2
Jordan	1	+	1
Kuwait	7	+	3
Lebanon	4	+	1
Libyan Arab Jamahiriya	1	+	0
Oman	1	-	0
Pakistan	2	-	0
Qatar	2	+	1
Saudi Arabia	11	+	4
United Arab Emirates	4	+	1