

Table 1 Knowledge about bronchial asthma among mothers of asthmatic children in Aseer, south-west Saudi Arabia

Knowledge item	No. of mothers	% (n = 171)
<i>Symptoms of bronchial asthma</i>		
Wheeze	171	100.0
Cough	145	84.8
Feeling of tightness in chest	99	57.9
Shortness of breath	83	48.5
<i>Mechanisms of bronchial asthma</i>		
Don't know	145	84.4
Inflammation leading to obstruct bronchi	18	10.5
Mucus obstructing bronchi	18	10.5
Narrowing in bronchi	16	9.4
<i>Aggravating factors of bronchial asthma</i>		
Common cold	162	94.7
Weather changes	141	82.5
Insecticides	105	61.4
Exhaustion	79	46.2
Dust	74	43.3
Smoke	50	29.2
Food	33	19.3
Muscular exercise	19	11.1
Psychological	8	4.7
<i>Complications of asthma</i>		
Chest cage deformities	26	15.2
Sleep disorders	18	10.5
Respiratory failure	17	9.9
Sudden death	17	9.9
Affects child's development	3	1.8
<i>Symptoms of severe attack of asthma</i>		
Severe shortness of breath	137	80.1
Persistent severe cough	136	79.5
Inability to talk or walk	128	74.9
Inability to play	84	49.1
Blue lips and nails	83	48.5
Persist for 1-3 hours after medication	72	42.1