

Table 2 Behaviours concerning bronchial asthma among mothers of asthmatic children in Aseer, south-west Saudi Arabia

Behaviour item	No. of mothers	% (n = 171)
<i>During asthma attacks</i>		
Give necessary medications	171	100.0
Massage child's chest or back	153	89.5
Let child cough to clear lung from mucus	141	82.5
Let child rest and minimize movements	125	73.1
Wait and see progress of wheeze	112	65.5
Give homemade herbal fluids	59	34.5
Ask for help	50	29.2
Give water or juices	36	21.1
Give child breathing exercises	16	9.4
<i>Prevention of asthma attacks</i>		
Regular intake of medications	171	100.0
Clean house to remove dust	161	94.2
Remove aggravating factors from house	158	92.4
Treat common cold attacks	132	77.2
Let child cough to get rid of mucus	116	67.8
Let child relax	112	65.5
Prevent severe exhaustion	75	43.9
Prevent severe exercise	57	33.3
Regular practice of breathing exercises	24	14.1