

Table 3 Frequency of teachers' positive responses on selected items of the adapted school health index, before and after the intervention: physical education module

Item	% of respondents		P-value
	Baseline (n = 202)	Final (n = 193)	
Students active in at least 50% of physical education classes	40.1	54.4	0.0044
Physical education lessons enjoyable	39.6	53.9	0.0044
Satisfactory teacher/student ratio	31.3	34.8	0.4596 ^a
Applying physical education sequential curriculum	27.2	43.0	0.0010
Lessons consider students with special needs	22.8	39.9	0.0003
Teaching fitness through health-related lessons	21.8	37.8	0.0005
Curriculum follows international standards	17.8	30.1	0.0041
Safety standards	15.8	31.1	0.0003
Teachers receive continuing education	15.8	32.1	0.0001
Physical education teaching by certified teachers	13.9	28.5	0.0004
Focus on basic motor skills	11.4	23.3	0.0017

^anot significant.