

Table 1 Prevalence of obesity, overweight and underweight by age and sex

| Age (years) | Underweight (BMI < 5th) | | Normal (5th ≤ BMI < 85th) | | Overweight (85th ≤ BMI < 95th) | | Obese (BMI ≥ 95th) | |
|----------------|----------------------------|------|-------------------------------|------|------------------------------------|------|-----------------------|------|
| | No. | % | No. | % | No. | % | No. | % |
| Males | | | | | | | | |
| 7 | 12 | 15.8 | 46 | 60.5 | 13 | 17.1 | 5 | 6.6 |
| 8 | 9 | 12.9 | 50 | 71.4 | 6 | 8.6 | 5 | 7.1 |
| 9 | 9 | 12.5 | 42 | 58.3 | 12 | 16.7 | 9 | 10.9 |
| 10 | 20 | 24.4 | 47 | 57.3 | 8 | 9.8 | 7 | 8.5 |
| 11 | 6 | 9.8 | 42 | 68.9 | 5 | 8.2 | 8 | 13.1 |
| 12 | 8 | 20.5 | 24 | 61.5 | 6 | 15.4 | 1 | 2.6 |
| Total | 64 | 16.0 | 251 | 62.8 | 50 | 12.5 | 35 | 8.8 |
| Females | | | | | | | | |
| 7 | 8 | 8.3 | 80 | 83.3 | 5 | 5.2 | 3 | 3.1 |
| 8 | 15 | 14.3 | 78 | 83.3 | 6 | 5.7 | 6 | 5.7 |
| 9 | 14 | 12.4 | 78 | 74.3 | 15 | 13.3 | 6 | 5.3 |
| 10 | 9 | 8.3 | 76 | 70.4 | 19 | 17.6 | 4 | 3.7 |
| 11 | 13 | 9.8 | 95 | 71.4 | 22 | 16.5 | 3 | 2.3 |
| 12 | 12 | 26.7 | 26 | 57.8 | 6 | 13.3 | 1 | 2.2 |
| Total | 71 | 11.8 | 433 | 72.2 | 73 | 12.2 | 23 | 3.8 |

BMI = body mass index.