

**Table 2 Crude and age-adjusted odds ratios (ORs) and 95% confidence interval (CI) of the risk of overweight and obesity according to demographic and lifestyle factors**

<b>Variable</b>	<b>Crude OR (95% CI)</b>	<b>Age-adjusted OR (95% CI)</b>
<b><i>Age group (years)</i></b>		
7	1.0	–
8	0.85 (0.46–1.55)	–
9	1.65 (0.96–2.83)	–
10	1.40 (0.81–2.42)	–
11	1.27 (0.79–2.36)	–
12	1.12 (0.55–2.28)	–
<b><i>Sex</i></b>		
Male	1.0	1.0
Female	0.70 (0.51–0.98)*	0.69 (0.50–0.96)*
<b><i>Mothers' education</i></b>		
Illiterate or primary level	1.0	1.0
Elementary level	2.34 (1.0–5.48)*	2.21 (0.94–5.21)
High school level	1.88 (0.82–4.34)	1.78 (0.77–4.12)
College level	1.60 (0.69–3.74)	1.51 (0.69–3.53)
University level	2.43 (1.01–5.90)*	2.45 (1.01–5.96)*
<b><i>Fathers' education</i></b>		
Illiterate or primary level	1.0	1.0
Elementary level	1.33 (0.57–3.1)	1.20 (0.51–1.83)
High school level	1.09 (0.48–2.46)	0.98 (0.43–2.23)
College level	1.42 (0.63–3.130)	1.28 (0.57–2.91)
University level	1.62 (0.71–3.62)	1.51 (0.66–3.46)
<b><i>Family size</i></b>		
≤ 3	1.0	1.0
4	0.84 (0.53–1.33)	0.77 (0.48–1.23)
5	0.55 (0.32–0.95)	0.51 (0.29–0.88)*
≥ 6	0.64 (0.33–1.26)	0.59 (0.30–1.17)
<b><i>Birth order</i></b>		
1	1.0	1.0
2	0.89 (0.62–1.28)	0.90 (0.63–1.29)
3	0.67 (0.40–1.14)	0.68 (0.40–1.16)
≥ 4	0.72 (0.35–1.47)	0.72 (0.35–1.48)

<i>Type of school</i>		
Public	1.0	1.0
Private	2.14 (1.46–3.13)***	2.17 (1.47–3.18)***
<i>Leisure time physical activity index (each additional score)</i>	0.78 (0.60–1.02)	0.73 (0.56–0.96)*
<i>Sport activity index (each additional score)</i>	1.12 (0.89–1.41)	1.13 (0.91–1.42)

\* $p < 0.05$ ; \*\*\* $p < 0.001$ .