

Table 1 Sociodemographic characteristics of the sample of the elderly population (concluded)

Variable	Females (n = 134)		Males (n = 216)		Total (n = 350)		P-value
	No.	%	No.	%	No.	%	
<i>Frequency of hospitalizations (times/last year)</i>							
0	67	50.0	124	57.4	191	54.6	0.42
1-2	49	36.5	67	31.0	116	33.1	
3-5	13	9.7	22	10.1	35	10.0	
> 6	5	3.73	3	1.39	8	2.3	
<i>Health perception</i>							
Excellent	21	15.7	16	7.4	37	10.6	0.03
Good	61	45.5	90	41.6	151	43.1	
Moderate	46	34.3	87	40.3	133	38.0	
Bad	6	4.5	22	10.2	28	8.0	
Very bad	0	0.0	1	0.5	1	0.3	
<i>No. of diseases/person</i>							
0	15	11.2	52	24.1	67	19.1	0.001
1	46	34.3	97	44.9	143	40.8	
1+	73	54.5	67	31	140	40.0	
<i>Level of disability</i>							
Extreme	12	9.0	3	1.4	15	4.3	0.001
Severe	47	35.1	23	10.6	70	20.0	
Moderate	44	32.8	91	42.1	135	38.6	
Mild	31	23.1	99	45.8	130	37.1	

SD = standard deviation; ADL = activities of daily living.