

Table 2 Distribution of physician-diagnosed noncommunicable diseases in older people in Amirkola by age and sex

| Disease | 60–64 years | | 65–74 years | | 75–84 years | | ≥ 85 years | | All ages | | |
|-----------------------------------|-------------------|---------------------|--------------------|----------------------|--------------------|---------------------|-------------------|---------------------|--------------------|----------------------|--------------------------|
| | Males (n = 91) | Females (n = 75) | Males (n = 335) | Females (n = 234) | Males (n = 149) | Females (n = 83) | Males (n = 29) | Females (n = 23) | Males (n = 604) | Females (n = 415) | Both sexes (n = 1019) |
| | % | % | % | % | % | % | % | % | % | % | % |
| Cardiovascular disease | 16.5 | 25.3 | 27.8 | 29.9 | 36.2 | 34.9 | 41.4 | 43.5 | 28.8 | 30.8 | 29.6 |
| Digestive tract disorder | 24.2 | 22.7 | 25.7 | 25.6 | 35.6 | 33.7 | 44.8 | 47.8 | 28.8 | 28.0 | 28.5 |
| Hypertension | 18.7 | 32.4 | 20.8 | 24.3 | 27.4 | 25.6 | 17.2 | 34.8 | 21.9 | 26.7 | 23.6 |
| Type 2 diabetes mellitus | 4.4 | 36.0 | 17.9 | 31.2 | 28.9 | 24.1 | 13.8 | 39.1 | 18.4 | 31.1 | 23.5 |
| Arthritis | 12.1 | 24.0 | 20.6 | 18.4 | 32.2 | 27.7 | 37.9 | 13.0 | 23.0 | 21.0 | 22.2 |
| Kidney and urinary tract disorder | 12.1 | 6.7 | 24.2 | 9.0 | 24.2 | 9.6 | 17.2 | 8.7 | 22.0 | 8.7 | 16.6 |
| Fracture | 4.4 | 8.0 | 17.9 | 18.4 | 17.4 | 19.3 | 10.3 | 30.4 | 15.4 | 17.3 | 16.2 |
| Ear problem ^a | 6.6 | 4.0 | 12.5 | 9.4 | 26.2 | 16.9 | 41.4 | 21.7 | 16.4 | 10.6 | 14.0 |
| Lung disease | 14.3 | 5.3 | 14 | 8.5 | 15.4 | 14.5 | 24.1 | 21.7 | 14.9 | 9.9 | 12.8 |
| Eye problem ^b | 5.5 | 9.3 | 7.2 | 12.0 | 19.5 | 24.1 | 13.8 | 26.2 | 10.3 | 14.7 | 12.1 |

^aHearing loss; ^bCataract, glaucoma.