

Table 5 Distribution of body mass index (BMI) in older people in Amirkola

BMI category	Males (<i>n</i> = 593)		Females (<i>n</i> = 395)		Both sexes (<i>n</i> = 988)	
	No.	%	No.	%	No.	%
Underweight	4	0.7	4	1.0	8	0.8
Normal weight	368	62.0	177	44.8	545	55.1
Overweight	200	33.7	182	46.1	382	38.7
Obese	21	3.5	32	8.1	53	5.4