

Table 6 Presence of cardiovascular disease by cardiovascular disease risk factor in older people in Amirkola

Risk factor present	Cardiovascular disease present		<i>P</i> -value
	Yes (<i>n</i> = 302)	No (<i>n</i> = 717)	
	%	%	
Smoking	15.6	19.0	0.186
Hypertension	44.0	15.4	< 0.001
Diabetes mellitus	33.8	19.2	< 0.001
BMI > 25 kg/m ²	11.6	8.2	0.095
Lack of activity	67.4	67.3	0.958

BMI = body mass index.