

Table 3 Mean homocysteine (Hcy) levels in healthy people with raised homocysteine in relation to demographic factors

Variable	Hyperhomocysteinemia ^a Hcy (μmol/L) (<i>n</i> = 162) Mean (SD)	<i>P</i> -value
<i>Alcohol user</i>		
No	19.6 (5.8)	
Yes	18.0 (3.4)	< 0.03
<i>Tobacco user</i>		
No	20.3 (6.8)	> 0.05
Yes	18.7 (4.1)	
<i>BMI</i>		
Normal weight	18.9 (4.5)	> 0.05
Overweight	20.3 (7.1)	

^aHcy > 15 μmol/L.

SD = standard deviation; BMI = body mass index.