

Table 2 Age-specific prevalence of metabolic syndrome by sex (total sample)

Age (years)	Males			Females ^a			Both sexes			
	Total	With metabolic syndrome		Total	With metabolic syndrome		Total	With metabolic syndrome		
	No.	No.	%	No.	No.	%	No.	No.	%	
< 30	8	2	25.0	20	1	5.0	28	3	10.7	
30–45	56	13	23.2	124	38	30.6	180	51	28.3	
46–60	130	40	30.8	214	93	43.5	344	133	38.7	
> 60	87	34	39.1	90	52	57.8	177	86	48.6	
Total	281	89	31.7	448	184	41.0	729	273	37.4	
		<i>P</i> = 0.234			<i>P</i> < 0.001					

^aData missing for 1 female.

Difference in sex-specific prevalence significant ($P \leq 0.05$).