

Table 2 Mean scores on the obesity-related distress scale by sex and body mass index category

Variable	Obesity distress score						
	Total	Males		Females		<i>P</i> -value	
No.	Mean (SD)	No.	Mean (SD)	No.	Mean (SD)		
Total	1904	12.9 (4.7)	947	12.6 (4.7)	957	13.1 (4.7)	0.002 ^a
Normal weight	1283	12.6 (4.8)	547	12.4 (4.8)	736	12.8 (4.8)	0.068 ^a
At-risk of obesity	518	13.2 (4.5)	332	12.7 (4.5)	186	14.1 (4.3)	< 0.00 ^a
Obese	103	14.7 (4.7)	68	13.8 (4.5)	35	16.4 (4.5)	0.005 ^a
<i>P</i> -value		< 0.001 ^b					

^a*Wilcoxon test*; ^b*Kruskal-Wallis test*.*SD* = standard deviation.