

Table 4 Correlation between age and menopause rating scale score in the study women ($n = 400$)

Symptom	Correlation with age	
	<i>r</i>	<i>P</i> -value
Joint pain	0.090	0.071
Sleep problems	0.113	0.024
Physical and mental exhaustion	0.144	0.004
Hot flushes	-0.027	0.596
Depressed mood	0.143	0.004
Heart discomfort	0.062	0.218
Bladder problems	0.141	0.005
Irritability	-0.020	0.692
Anxiety	0.145	0.004
Vaginal dryness	0.094	0.059
Sexual problems	-0.021	0.672