

Table 2 Negative effects of verbal and physical abuse

Reported effect*	Verbal abuse		Physical abuse	
	No. (n = 166)	%	No. (n = 82)	%
<i>Negative effects on health</i>				
Headache	110	66.3	35	42.7
Difficulty in sleeping	101	60.8	30	36.6
Being tired	102	61.4	66	80.5
Stomach pain	72	43.4	27	32.9
Anxiety	145	87.3	60	73.2
Fear	66	39.8	40	48.8
<i>Negative effects on work and social life</i>				
Decreased work productivity and quality	86	51.8	44	53.6
Thoughts of leaving nursing	96	57.8	49	59.8
Disturbed social life and relations	70	42.2	30	36.6
Disturbed family life	50	30.1	25	30.5

*Not mutually exclusive.