

Table 2 Association between caries prevalence and daily consumption of food groups

Consumption of food groups	Total (n = 504)		Caries-free (n = 78)		Caries (n = 426)		P-value*
	No.	%	No.	%	No.	%	
<i>Fruit (apples, oranges)</i>							
Adequate	144	29	24	31	120	28	0.366
Inadequate	360	71	54	69	306	72	
<i>Vegetables (tomatoes, carrots)</i>							
Adequate	217	43	36	46	181	43	0.319
Inadequate	287	57	42	54	245	57	
<i>Bread & cereals (pasta, rice)</i>							
Adequate	211	42	30	39	181	43	0.297
Inadequate	293	58	38	61	245	57	
<i>Dairy (milk, yogurt, cheese)</i>							
Adequate	309	61	57	73	252	59	0.013
Inadequate	195	39	21	27	174	41	
<i>Meat & legumes (eggs, chicken)</i>							
Adequate	162	32	31	40	131	31	0.078
Inadequate	342	68	47	60	295	69	
<i>Sugars (chocolate, jam) (times/day)</i>							
≤ 3	133	26	42	54	86	20	< 0.001
4-7	228	45	26	33	203	48	
> 7	143	29	10	13	137	32	

*Chi-squared test.