

Table 3 Health-care-seeking behaviour in the last 12 months by type of health issue

Health issue	Informal		Formal ^c	None	Total ^d
	Relational ^a	Personal ^b			
	No. (%)	No. (%)	No. (%)	No. (%)	No.
Physical	231 (61.9)	37 (9.9)	133 (35.7)	41 (11.0)	373
Psychological	226 (75.9)	18 (6.0)	10 (3.3)	63 (21.1)	298
Social & relational	70 (64.2)	6 (5.5)	2 (1.8)	35 (32.1)	109
Sexual	51 (57.3)	14 (15.7)	29 (32.6)	10 (11.2)	89
Drugs, alcohol & smoking	40 (67.8)	5 (8.4)	3 (5.1)	13 (22.0)	59

^aIncludes recourse to parents and/or friends and/or another person of trust.

^bIncludes recourse to self-medication and/or self-research.

^cIncludes recourse to professional health care providers and/or health facilities.

^dMore than one care-seeking behaviour was possible for each group of health issues.