

**Table 4 Sociodemographic variables associated with health-care-seeking behaviour with regard to physical health issues and sexual health issues of the surveyed university students (n = 521)**

Variable	Physical health issues				Sexual health issues			
	Informal behaviour <sup>a</sup>	Formal behaviour <sup>b</sup>	Total	P-value	Informal behaviour <sup>a</sup>	Formal behaviour <sup>b</sup>	Total	P-value
	No. (%)	No. (%)	No.		No. (%)	No. (%)	No.	
<b>Total</b>	201 (60.2)	133 (39.8)	334		52 (64.2)	29 (35.8)	81	-
<b>Sex</b>				0.3				
Male	73 (64.4)	41 (35.6)	114		22 (91.7)	2 (8.3)	24	< 0.01
Female	128 (58.2)	92 (41.8)	220		30 (52.6)	27 (47.4)	57	
<b>Age (years)</b>				0.99				0.52
17-18	109 (60.2)	72 (39.8)	181		23 (60.5)	15 (39.5)	38	
19-21	92 (60.1)	61 (39.9)	153		29 (67.4)	14 (32.6)	43	
<b>Father's education</b>				0.36				0.18
Less than university	81 (63.3)	47 (36.7)	128		19 (55.9)	15 (44.1)	34	
University and higher	120 (58.3)	86 (41.7)	206		33 (70.2)	14 (29.8)	47	
<b>Mother's education</b>				0.22				0.27
Less than university	100 (63.7)	57 (36.3)	157		22 (57.9)	16 (42.1)	38	
University and higher	101 (57.1)	76 (42.9)	177		30 (69.8)	13 (30.2)	43	
<b>Residence</b>				0.44				0.05
Urban	99 (59.6)	67 (40.4)	166		31 (75.6)	10 (24.4)	41	
Suburban	84 (63.2)	49 (36.8)	133		19 (55.9)	15 (44.1)	34	
Rural	18 (51.4)	17 (48.6)	35		2 (33.3)	4 (66.7)	6	
	<b>Mean (SD)</b>	<b>Mean (SD)</b>			<b>Mean (SD)</b>	<b>Mean (SD)</b>		
<b>Crowding index</b>	1.0 (0.4)	0.9 (0.4)	1.0	0.28	0.9 (0.3)	0.9 (0.4)	0.9	0.51

<sup>a</sup>Informal health-care-seeking behaviour: informal relational health-care-seeking behaviour and/or informal personal health-care-seeking behaviour.

<sup>b</sup>When a participant indicated both formal and informal behaviour equally for any one category of problem, the behaviour was classified as formal.

SD = standard deviation.