

Table 5 Barriers to accessing formal health-care-seeking behaviour in the last 12 months by surveyed university students

Barrier	Importance of the barrier			Total
	Low	Medium	High	
	No. (%)	No. (%)	No. (%)	No.
Knowledge of services	275 (60.3)	108 (23.7)	73 (16.0)	456
Inadequate transportation means	304 (69.4)	98 (22.4)	36 (8.2)	438
Concerns about confidentiality towards parents	269 (63.6)	99 (23.4)	55 (13.0)	450
Difficulties of contact	291 (69.1)	89 (21.1)	41 (9.7)	421
Cost	252 (57.7)	101 (23.1)	84 (19.2)	437
Embarrassment in disclosing health concerns	223 (51.6)	106 (24.5)	103 (23.8)	432
General concerns about confidentiality	270 (62.4)	80 (18.5)	83 (19.2)	433
Doubt on the ability of professionals to help	227 (55.1)	104 (25.2)	81 (19.7)	412
Others barriers	16 (66.7)	7 (29.2)	1 (4.2)	24