

Table 2 Distribution of teenage pregnant women according to their health condition

Health parameter	Study group (n = 43)		Control group (n = 43)		P-value
	No	%	No	%	
Albumin in urine	4	9.3	6	14	0.5
Previous abortion	8	18.6	6	14	0.5
Most common complaint					
Muscle cramps	30	69.8	18	41.9	0.009
Anaemia (Hb < 11 g/dL)	26	60.5	29	67.5	0.5
Nausea	22	51.2	11	25.6	0.01
Haemorrhoids	21	48.8	16	37.2	0.27
Heartburn	20	46.5	14	32.6	0.18
Headache	15	34.9	22	51.2	0.12
Shortness of breath	7	16.3	12	27.9	0.19
Constipation	4	9.3	14	32.6	0.008
	Mean (SD)		Mean (SD)		
BMI (kg/m ²)	28.62 (5.04)		30.64 (5.17)		0.07
Haemoglobin	10.86 (1.06)		10.28 (1.11)		0.7

BMI = body mass index; SD = standard deviation.