

Table 3 Distribution of teenage pregnant women according to satisfactory knowledge regarding aspects of health promotion pre- and post-counselling

Item	Satisfactory knowledge (%)					
	Pre-counselling			Post-counselling		
	Study group (n = 43)	Control group (n = 43)	P-value	Study group (n = 43)	Control group (n = 43)	P-value
Nutrition	51.2	46.5	0.66	93.0	44.2	< 0.001
Smoking	46.5	37.2	0.38	95.3	55.8	< 0.001
Clothing	46.5	32.6	0.18	93.0	37.2	< 0.001
Ante-natal follow-up	44.2	23.3	0.04	93.0	23.3	< 0.001
Rest & activity	44.2	39.5	0.66	95.3	39.5	< 0.001
Travelling	44.2	37.2	0.51	97.7	37.2	< 0.001
Medication use	41.9	20.9	0.03	93.0	32.6	< 0.001
Danger signs	37.2	39.5	0.8	100.0	37.2	< 0.001
Minor discomfort	37.2	39.5	0.8	83.7	39.5	< 0.001
Immunization	37.2	41.9	0.6	100.0	48.8	< 0.001
Hygiene	32.6	37.2	0.65	83.7	53.5	0.003
Exercise	23.3	18.6	0.26	95.3	30.2	< 0.001