

Table 1 Distribution of the studied adolescent females in some intermediate schools in Riyadh according to their sociodemographic characteristics

Sociodemographic characteristic	% (n = 107)
Age group (years)	
12–13	29.9
14–15	58.9
> 15	11.2
Father’s education	
Illiterate	0.9
Primary	9.0
Secondary	7.5
University	90.7
Mother’s education	
Primary	2.9
Preparatory	5.7
Secondary	22.9
University	68.6
Number of family members	
< 3	1.9
4–6	39.3
7–10	53.3
10+	5.6
Type of the house	
Villa	86.0
Apartment	3.7
Floor	3.7
Others	6.5
Family monthly income (Saudi rials)	
< 3000	1.0
3000–5000	5.0
5000–10 000	18.0
> 10 000 SR	76.0
BMI category	
Underweight	28.6
Normal weight	53.3
Over weight	12.4
Morbid obesity	5.7

BMI = body mass index.