

Table 1 Demographic characteristics of the studied sample of healthy Saudi Arabian children and adolescents, 2010 (*n* = 4526)

Characteristic	Males		Females		Total	
	No.	%	No.	%	No.	%
<i>Region</i>						
Riyadh	400	18.0	426	18.5	826	18.2
Mecca	190	8.5	363	15.8	553	12.2
Dammam	394	17.7	318	13.8	712	15.7
Abha	440	19.8	419	18.2	859	19.0
Jizan	355	15.9	420	18.3	775	17.1
Al-Jouf	447	20.1	354	15.4	801	17.7
<i>Age (years)^a</i>						
6-9	534	24.1	480	21.0	1014	22.5
9-12	569	25.7	603	26.4	1172	26.0
12-15	591	26.7	609	26.7	1200	26.7
15-18	523	23.6	591	25.9	1114	24.8

^aAge was unknown for 26 students.