

**Table 1 Validation of the Qatari Arabic version of the General Self-Efficacy Scale: means scores for items in the exploratory and confirmatory factor analyses for split-half samples and the full sample of female 12th graders aged 18+ years**

Items <sup>a</sup>	Mean (SD) scores		
	Exploratory factor analysis	Confirmatory factor analysis	Total sample (n = 355)
	Subsample (n = 178)	Subsample (n = 177)	
A. I can manage to solve difficult problems if I try hard enough	2.79 (1.06)	2.71 (1.03)	2.75 (1.05)
B. If someone opposes me, I can find the means and ways to get what I want	2.69 (1.07)	2.69 (1.04)	2.69 (1.06)
C. It is easy for me to stick to my aims and accomplish my goals	3.03 (1.07)	2.92 (0.98)	2.97 (1.02)
D. I am confident that I could deal efficiently with unexpected events	2.98 (1.00)	2.93 (0.98)	2.95 (0.99)
E. Thanks to my resourcefulness, I know how to handle unforeseen situations	2.89 (0.96)	2.76 (0.98)	2.83 (0.97)
F. I can solve most problems if I invest the necessary effort	2.89 (0.98)	2.88 (1.01)	2.89 (0.99)
G. I can remain calm when facing difficulties because I can rely on my coping abilities	2.89 (1.02)	2.80 (1.04)	2.85 (1.03)
H. When I am confronted with a problem, I can usually find several solutions	2.93 (0.93)	2.86 (1.01)	2.90 (0.97)
I. If I am in trouble, I can usually think of a solution	3.02 (0.96)	2.93 (1.02)	2.98 (0.99)
J. I can usually handle whatever comes my way	2.93 (0.89)	2.84 (1.00)	2.88 (0.95)

<sup>a</sup>Score range: 1–4.

SD = standard deviation.