

**Table 1 Sociodemographic and basic diabetes profiles of the study sample of patients attending Facility A (special diabetes clinic) and Facility B (standard care)**

Variable	Total (n = 210)		Facility A (n = 102)		Facility B (n = 108)		P-value
	No.	%	No.	%	No.	%	
<b>Sex</b>							0.13
Male	202	97.1	96	94.1	106	98.1	
Female	8	2.9	6	5.9	2	1.9	
Means (SD) age (years)	45.3 (15.1)		44.6 (14.7)		46.2 (15.2)		0.13
<b>Age (years)</b>							
< 45	31	14.8	16	15.7	15	13.9	
45–54	130	61.9	63	61.8	67	62	
55–64	48	22.8	22	21.6	26	24.1	
≥ 65	1	0.5	1	1.0	0	0.0	
<b>Occupation</b>							0.02
Professional/sedentary worker	140	66.7	57	55.9	83	76.8	
Manual worker	64	30.5	39	38.2	25	23.2	
Housewife	5	2.4	5	4.9	0	0.0	
Other	1	0.4	1	1.0	0	0.0	
<b>Type of diabetes</b>							0.37
Type 1	6	2.9	4	3.9	2	1.8	
Type 2	204	97.1	98	96.1	106	98.2	
<b>Mean (SD) duration of diabetes (years)</b>	4.8 (1.2)		3.6 (1.1)		5.3 (1.3)		0.02
<b>Types of diabetes medications</b>							0.53
Oral	136	64.8	69	67.6	67	62.0	
Insulin	11	5.2	6	5.9	5	4.6	
Oral and insulin	63	30.0	27	26.5	36	33.3	
<b>Other medications</b>							0.46
Lipid lowering agents	62	29.5	32	31.4	30	27.8	
Anti-hypertension	30	14.3	13	12.7	17	15.7	
Lipid lowering and anti-hypertension	99	47.1	45	44.1	54	50.0	
No lipid lowering and anti-hypertension	19	9.0	12	11.8	7	6.5	

SD – standard deviation.