

**Table 2 Distribution of the studied adults according to their practice of self-medication in general**

<b>Self-medication In general</b>	<b>No.</b>	<b>%</b>
<i>Practise self-medication in general (n = 1100)</i>	950	86.4
<i>Type of self-medication used (n = 950)</i>		
Both drugs and CAM	736	77.5
Drugs only	172	18.1
CAM only	42	4.4
Practise self-medication for acute illness	398	36.2
Believe self-medication is the first choice in acute illness	379	34.5

*CAM - complementary and alternative medicine.*