

Table 3 Attitudes towards sweet foods and beverages among the studied schoolchildren, by sex

Item	Attitude toward sweet foods and beverages															
	Girls ( <i>n</i> = 333)								Boys ( <i>n</i> = 520)							
	Agree very much		Agree		Disagree		Disagree very much		Agree very much		Agree		Disagree		Disagree very much	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Prefer mineral water more than soft drinks	0	0.0	34	10.3	286	85.8	13	3.9	9	1.7	36	6.9	434	83.5	41	7.9
Prefer eating plain bread more than sweets	2	0.6	1	0.3	311	93.4	19	5.7	0	0.0	8	1.5	490	94.2	22	4.3
Rarely add sugar to my food or drinks	7	2.2	21	6.4	263	78.8	42	12.6	13	2.3	27	5.2	432	83.2	48	9.3
Chewing gum should not be used every day	4	1.2	168	50.5	161	48.3	0	0.0	7	1.4	267	51.3	228	43.8	18	3.5
Rarely eat sweets as snack	0	0.0	26	7.8	284	85.3	23	6.9	0	0.0	22	4.2	449	86.4	49	9.4
Prefer milk with less sugar	0	0.0	1	0.3	228	68.5	104	31.2	3	0.6	13	2.5	356	68.5	148	28.4
Prefer tea with less sugar	0	0.0	3	0.9	136	40.8	194	58.3	28	5.4	39	7.5	238	45.8	215	41.3
Rarely eat ice cream as snack	12	3.6	32	9.6	268	80.5	21	2.5	14	1.6	9	1.1	482	56.5	15	1.8
Prefer eating snacks with less sugar	0	0.0	13	3.9	320	96.1	0	0.0	35	6.7	35	6.7	450	86.6	0	0.0
Clean mouth after eating sweet foods	2	0.6	20	6.0	255	76.6	56	16.8	17	3.3	34	6.5	438	84.3	31	5.9