

**Table 1 Sociodemographic characteristics and health risk behaviours of the study sample**

Variable	Controls (n = 105)		Cases (n = 108)		P-value ( $\chi^2$ -test)
	No.	%	No.	%	
<b>Age (years)</b>					
40-50	68	64.8	36	33.3	
50-60	28	26.7	36	33.3	
60+	9	8.6	36	33.3	< 0.001
<b>Sex</b>					
Male	39	37.1	83	76.9	
Female	66	62.9	25	23.1	< 0.001
<b>Education<sup>a</sup></b>					
High level	67	63.8	44	40.7	
Low level	38	36.2	64	59.3	0.001
<b>Tobacco smoking</b>					
Not smoking	88	83.8	33	30.6	
Smoking <sup>b</sup>	17	16.2	75	69.4	< 0.001
<b>Work status</b>					
Working	55	73.1	79	52.4	
Not working	50	47.6	29	26.9	0.002
<b>Social class<sup>c</sup></b>					
High	42	52.5	36	64.3	
Low	38	47.5	20	35.7	0.218

<sup>a</sup>High level included post-secondary-school education (college, university and postgraduate studies) and low level included secondary-school education and below;

<sup>b</sup>Current or past smoker (within the last 10 years); <sup>c</sup>Social class was measured by occupation; high social class included professional (non-manual) occupations and low social class included manual occupations. Since those not working (n = 79) cannot be classified in this variable, their social class information was considered missing.