

Table 4 Reliability of the SCT-PAIAGS constructs

Construct	Cronbach α	Intraclass correlation coefficient
Self-efficacy	0.85	0.90
Self-regulation	0.81	0.75
Family support	0.79	0.80
Friend support	0.83	0.73
Outcome expectancy	0.78	0.80
Self-efficacy to overcoming impediments	0.80	0.81
Total	0.81	0.79