

Table 4 Correlation between students' scores on the Attitude Scale towards Internet Usage (ASTIU) and Adolescent Lifestyle Profile (ALP) scales (n = 2043)

ALP	ASTIU							Total
	Usage of the Internet in instruction	Usage of the Internet in research	Usage of the Internet in social interaction	Enjoyment from usage of the Internet in instruction	Usage of the Internet in communication	Usage of the Internet in sharing of knowledge		
<b>Health responsibility</b>								
r <sup>a</sup>	-0.080**	0.070**	-0.048*	0.016	0.091**	0.017	0.003	
p <sup>b</sup>	< 0.001	0.002	0.028	0.477	< 0.001	0.435	0.901	
<b>Physical activity</b>								
r <sup>a</sup>	-0.178**	-0.089**	-0.160**	-0.134**	-0.071**	-0.147**	-0.192**	
p <sup>b</sup>	< 0.001	< 0.001	< 0.001	< 0.001	0.001	< 0.001	< 0.001	
<b>Nutrition</b>								
r <sup>a</sup>	-0.107**	-0.033	-0.043	-0.049*	0.011	-0.069**	-0.077**	
p <sup>b</sup>	< 0.001	0.139	0.053	0.027	0.617	0.002	0.001	
<b>Positive life appreciation</b>								
r <sup>a</sup>	-0.158**	-0.157**	-0.057**	-0.095**	-0.141**	-0.182**	-0.191**	
p <sup>b</sup>	< 0.001	< 0.001	0.010	< 0.001	< 0.001	< 0.001	< 0.001	
<b>Interpersonal relations</b>								
r <sup>a</sup>	-0.137**	-0.164**	-0.040	-0.055*	-0.138**	-0.158**	-0.168**	
p <sup>b</sup>	< 0.001	< 0.001	0.069	0.013	< 0.001	< 0.001	< 0.001	
<b>Stress management</b>								
r <sup>a</sup>	-0.155**	-0.119**	-0.038	-0.086**	-0.109**	-0.121**	-0.155**	
p <sup>b</sup>	< 0.001	< 0.001	0.085	< 0.001	< 0.001	< 0.001	< 0.001	
<b>Spiritual growth</b>								
r <sup>a</sup>	-0.152**	-0.076**	-0.130**	-0.106**	-0.074**	-0.153**	-0.169**	
p <sup>b</sup>	< 0.001	0.001	< 0.001	< 0.001	0.001	< 0.001	< 0.001	
<b>Total</b>								
r <sup>a</sup>	-0.192**	-0.117**	-0.104**	-0.104**	-0.090**	-0.166**	-0.192**	
p <sup>b</sup>	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	< 0.001	

\*Correlation significant at the 0.05 level (2-tailed).

\*\*Correlation significant at the 0.01 level (2-tailed).

r<sup>a</sup> = Spearman correlation.

p<sup>b</sup> = Correlation significant at the 0.05 and 0.01 level (2-tailed).