

Table 1 Sociodemographic characteristics of students according to overweight/obesity status

	Not overweight <i>n</i> =152	Overweight/obese <i>n</i> =105	Total <i>n</i> =257	<i>P</i> value*
Age	18.0 ± 0.0	18.0 ± 0.0	18.0 ± 0.0	-
Height (cm)	156.2 ± 4.6	156.8 ± 5.4	156.5 ± 5.0	0.327
Weight (kg)	47.9 ± 6.1	70.2 ± 14.2	57.0 ± 15.0	<0.001
Body mass index (BMI)	19.6 ± 2.2	28.4 ± 4.6	23.2 ± 5.5	<0.001
Student living with:				
Father	1 (0.7%)	1 (1.0%)	2 (0.8%)	1.000
Mother	2 (1.3%)	2 (1.9%)	4 (1.6%)	1.000
Both	149 (98.0%)	102 (97.1%)	251 (97.7%)	1.000
Family size	6.0 ± 2.2	6.3 ± 2.6	6.1 ± 2.4	0.284
Father age (yr)				
<45	50 (33.8%)	32 (30.8%)	82 (32.5%)	0.009
45-55	90 (60.8%)	54 (51.9%)	144 (57.1%)	0.009
>55	8 (5.4%)	18 (17.3%)	26 (10.3%)	0.009
Mother age (yr)				
<45	124 (81.6%)	77 (74.0%)	201 (78.5%)	0.149
≥45	28 (18.4%)	27 (26.0%)	55 (21.5%)	0.149
Father's education				
Below secondary education	28 (18.9%)	25 (24.0%)	53 (21.0%)	0.159
Secondary education	63 (42.6%)	32 (30.8%)	95 (37.7%)	0.159
College or graduate	57 (38.5%)	47 (45.2%)	104 (41.3%)	0.159
Mother's education				
Below secondary education	75 (50.0%)	52 (50.5%)	127 (50.2%)	0.332
Secondary education	38 (25.3%)	19 (18.4%)	57 (22.5%)	0.332
College or graduate	37 (24.7%)	32 (31.1%)	69 (27.3%)	0.332
Father in military				
No	33 (22.1%)	28 (27.5%)	61 (24.3%)	0.336
Yes	116 (77.9%)	74 (72.5%)	190 (75.7%)	0.336
Father's job status				
Officer	44 (28.9%)	34 (32.7%)	78 (30.5%)	0.328
Not officer	74 (48.7%)	41 (39.4%)	115 (44.9%)	0.328
Other	34 (22.4%)	29 (27.9%)	63 (24.6%)	0.328
Mother's job status				
Working	30 (19.7%)	23 (22.1%)	53 (20.7%)	0.645
Housewife	122 (80.3%)	81 (77.9%)	203 (79.3%)	0.645
Home type				
Owned	43 (28.7%)	35 (34.0%)	78 (30.8%)	0.053
Rented	15 (10.0%)	19 (18.4%)	34 (13.4%)	0.053
Government provided	92 (61.3%)	49 (47.6%)	141 (55.7%)	0.053

* χ^2 test or Fisher's exact test for categorical data and *t* test for continuous data