

Table 5 Predictors of lipid profile using binary logistic regression models

Lipid profile	Predictors	Adjusted OR (95% CI)
TG >200 (mg/dl)	Age 30-39 yr	2.63 (1.22-5.68)
	Age ≥40 yr	3.23 (1.12-9.29)
	Night shift	3.47 (1.69-7.10)
LDL >130 (mg/dl)	Age ≥40 yr	4.21 (1.54-11.55)
HDL <40 (mg/dl)	Unhealthy diet	4.06 (1.03-16.08)
	Night shift	8.76 (2.56-30.02)
	Smoking	4.16 (1.25-13.87)

CI = confidence interval; HDL = high-density lipoprotein; LDL = low-density lipoprotein; TG = triglyceride.