

**Table 4. Crude odds ratios and age-adjusted odds ratios for noncommunicable disease risk factors according to urbanization level, Islamic Republic of Iran, 2011**

Risk factor	Urbanization level	Crude OR			Age-adjusted OR		
		OR	95% CI	P-value	OR	95% CI	P-value
<b>Males</b>							
Daily tobacco use	Low	1.00	-	-	1.00	-	-
	Medium	1.02	0.84-1.24	0.805	1.01	0.83-1.22	0.885
	High	0.90	0.74-1.10	0.330	0.90	0.74-1.09	0.299
Low physical activity <sup>a</sup>	Low	1.00	-	-	1.00	-	-
	Medium	1.60	1.33-1.94	< 0.001	1.58	1.30-1.91	< 0.001
	High	1.72	1.42-2.08	< 0.001	1.72	1.42-2.09	< 0.001
Low fruit & vegetable intake <sup>b</sup>	Low	1.00	-	-	1.00	-	-
	Medium	2.10	1.26-3.48	0.004	2.08	1.25-3.46	0.005
	High	1.81	1.10-2.98	0.019	1.80	1.09-2.96	0.021
High BMI <sup>c</sup>	Low	1.00	-	-	1.00	-	-
	Medium	1.18	0.99-1.40	0.056	1.15	0.97-1.37	0.107
	High	1.44	1.21-1.71	< 0.001	1.43	1.20-1.70	< 0.001
High blood pressured <sup>d</sup>	Low	1.00	-	-	1.00	-	-
	Medium	1.25	1.00-1.57	0.046	1.22	0.96-1.55	0.099
	High	0.90	0.71-1.14	0.386	0.85	0.66-1.09	0.214
<b>Females</b>							
Daily tobacco use	Low	1.00	-	-	1.00	-	-
	Medium	0.70	0.50-0.99	0.046	0.70	0.50-1.00	0.050
	High	0.85	0.61-1.19	0.370	0.85	0.61-1.19	0.360
Low physical activity <sup>a</sup>	Low	1.00	-	-	1.00	-	-
	Medium	1.36	1.15-1.60	< 0.001	1.36	1.15-1.60	< 0.001
	High	1.26	1.08-1.49	0.004	1.26	1.08-1.49	0.004
Low fruit & vegetable intake <sup>b</sup>	Low	1.00	-	-	1.00	-	-
	Medium	1.44	0.92-2.27	0.110	1.44	0.92-2.28	0.109
	High	1.22	0.78-1.91	0.362	1.22	0.78-1.90	0.367
High BMI <sup>c</sup>	Low	1.00	-	-	1.00	-	-
	Medium	1.21	1.05-1.39	0.006	1.25	1.08-1.44	0.003
	High	1.30	1.13-1.50	< 0.001	1.32	1.14-1.53	< 0.001
High blood pressured <sup>d</sup>	Low	1.00	-	-	1.00	-	-
	Medium	1.29	1.08-1.54	0.005	1.44	1.18-1.76	< 0.001
	High	0.78	0.64-0.94	0.011	0.72	0.59-0.89	0.003

OR = odds ratio.

CI = confidence interval.

BMI = body mass index.

<sup>a</sup>< 150 min of moderate or intense physical activity per week.

<sup>b</sup>< 5 servings of fruit and vegetables per day.

<sup>c</sup>BMI ≥ 25 kg/m.

<sup>d</sup>Systolic blood pressure ≥ 140 mmHg and/or diastolic blood pressure ≥ 90 mmHg.